



BISON SOFTBALL CAMPS

2019 NDSU SOFTBALL WINTER CLINICS

REGISTRER ONLINE AT WWW.BISONSOFTBALLCAMPS.COM

The Bison Softball Team invites all softball players in grades entering grade 6-12 to participate in the 2019 NDSU Winter Clinics. Come join our coaching staff and players to continue to grow your skills and learn new drills. Please register early to ensure your spot and your NDSU Softball T-shirt.

Saturday, January 26th, 2019

Location: Dacotah Field Bubble

1310 17th Avenue N. Fargo, ND 58102

Pitching Clinic: 6th-9th 9:00AM – 10:30AM **Pitching Clinic:** 10th-12th 11:00AM – 1:00PM
Catching Clinic: 6th- 9th 9:00AM – 10:30AM **Catching Clinic:** 10th-12th 11:00AM – 1:00PM

Slapping Clinic: 6th-12th 11:00 AM- 12:30 PM
All Skills Clinic: 6th-12th 1:30 PM – 4:30 PM

Pitching Clinic - \$60 (6th – 9th) 9:00AM - 10:30AM or \$75 (10th-12th) 11:00AM - 1:00PM

This clinic will break down the pitching motion and present the drills necessary to increase consistency, speed, and command. Our coaching staff and pitching staff will also introduce different pitches (based on skill level), teaching the correct technique, fundamentals, and drills essential for throwing them. **Pitchers must provide their own catchers (ex. parent/sibling).**

Catching Clinic - \$60 (6th – 9th) 9:00AM - 10:30AM or \$75 (10th-12th) 11:00AM - 1:00PM

This catching clinic will introduce drills that will sharpen your game behind the plate. Improve your skills in receiving, blocking, throwing, and footwork. Catchers will have the opportunity to catch pitchers at the end of the session allowing you to work on these skills live with a coach present. **Catchers must provide their own gear.**

Slapping Clinic - \$60 11:00AM - 12:30PM

In this clinic, campers will work long side our very talented slappers as well as our coaches as we will break down the slap footwork and handwork. We will also introduce different kinds of slaps like the hard/power slap, soft slap, and drag bunt. Slappers will be introduced to a number of drills that enhance their knowledge and skill of slapping.

All Skills Clinic - \$100 1:30PM – 4:30PM

The All Skills Clinic allows campers to work with our coaching staff and players to enhance their offensive and defensive skills and strategies. This clinic is ideal for softball players who are ready to develop their abilities to play at the next level. Whether you are beginning your competitive experience or moving up in age for travel ball or high school, this camp will take the basic game fundamentals to a more advanced level.



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A Note For Parents/Guardians

All camp communication for camp information, schedule updates, weather issues, etc. will come via e-mail. Please be sure that in registering, you provide the e-mail address of the party that needs to see this information most.

Parents/Guardians/Coaches- feel free to observe any and all camp sessions. To insure everybody's safety, we ask that parents and coaches maintain proper distance from camp activities, and also refrain from interrupting sessions in progress. Camp staff welcomes the opportunity to discuss camp activities during breaks with parents and coaches.

Camp Fee Includes

- Registration, T-Shirt (one t-shirt per camper)

What to Bring

- **Tennis Shoes**
- Must provide their own glove
- Write your full name on your personal equipment
- Catchers bring a full set of catching gear
- All skills clinic, please bring your own bat and helmet

Online Registration Cut Off

- January 25th, 2019

Confirmation E-mail

A confirmation e-mail will be sent upon registration with further camp information. If you do not receive the confirmation e-mail, please be sure to check your spam e-mail. Feel free to reach out to melissa.chmielewski@ndsu.edu if you still do not see the confirmation e-mail.

Required Medical Paperwork

- Camp Waiver (Signed Online Upon Registration)
- CAMPERS MUST HAVE INSURANCE (Signed Online Upon Registration)

Previous Camp Balance/Camp Forwards

DO NOT register online if you are using a forward from a previous camp. Please e-mail melissa.chmielewski@ndsu.edu once registration has opened for the camp or clinic your camper would like to attend. An e-mail must be received prior to the camp or clinic your camper wishes to attend

Camp Refund Policy

In order to be compliant with NCAA rules, please understand that any payment you make towards camp is non-refundable. If for some reason a camper cannot attend, please inform Melissa Chmielewski (melissa.chmielewski@ndsu.edu) at least one week prior to the camp or clinic date, and we will gladly forward your camp balance to be used towards a different camp or clinic. If an individual cannot attend due to a medical reason, please provide a doctor's note to melissa.chmielewski@ndsu.edu and the balance will be forwarded, if the cancellation is made prior to camp. Finally, no refunds or balance forwards will be issued upon expulsion or voluntary withdrawal from camp. Please contact Melissa Chmielewski should you have any questions about the refund policy.



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Catching Clinic: 6 th - 9 th 9:00AM -10:30AM	Cost: \$60.00
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Catching Clinic: 10 th -12 th 11:00AM – 1:00PM	Cost: \$75.00
Slapping Clinic: 6 th -12 th 11:00 AM– 12:30 PM	Cost: \$60.00
All Skills Clinic: 6 th -12 th 1:30 PM – 4:30 PM	Cost: \$100.00

Pitching or Catching Clinic & All Skills Clinic • \$165.00 (10-12), \$150 (6-9)

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Please make checks payable to NDSU Softball Clinic and return with portion below the solid line, as well as the medical release waiver and insurance information on the next page. Please be sure to fill in all information below before sending to:

NDSU Softball Clinic
NDSU Dept 1200, Sanford Health Athletic Complex
PO BOX 6050
Fargo, N.D. 58108-6050

Questions please contact Melissa Chmielewski 701-205-7216 or by e-mail: melissa.chmielewski@ndsu.edu

Name: _____ Phone: _____ Age: _____
Address: _____ City: _____ State: _____ Zip: _____
School: _____ Travel Ball Team: _____ Grade: _____
Position(s): _____ Years Played: _____ Email: _____
Pitching Clinic: (6th-9th) \$60 _____ (10th-12th) \$75 _____ Slapping Clinic: (all ages) \$60 _____
Catching Clinic: (6th-9th) \$60 _____ (10th-12th) \$75 _____ All Skills Clinic: (all ages) \$100 _____
Total: \$ _____

No refunds after January 18th, 2019, except with written notice from a physician stating that the athlete is physically unable to participate in the camp. All refunds will incur a 10% administration fee, which will be deducted from your refund amount. *NDSU Softball Clinics are open to all entrants limited only by number age, grade level, and/or gender. Individuals with disabilities are invited to request reasonable accommodations to participate in NDSU – sponsored programs and events. To request an accommodation, Please contact Melissa Chmielewski by January 18th to make arrangements.*

North Dakota State University does not discriminate on the basis of age, color, disability, gender identity, marital status, national origin, public assistance status, sex, sexual orientation, status as a U.S. veteran, race or religion. Direct inquires to the Vice President for Equity, Diversity and Global Outreach, 205 Old Main, (701) 231 – 7708.



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MEDICAL RELEASE, HEALTH INFORMATION, & CONSENT TO PARTICIPATE

First Name: _____ Last Name: _____ DOB: _____

Address: _____ City: _____ State: _____ ZIP: _____

Parent/Guardian's Name: _____

Work Phone: (_____) _____ Cell Phone: (_____) _____

Emergency Contact's Name: _____ Phone Number: (_____) _____

I give permission for North Dakota State University medical personnel to administer first aid, and/or to provide the appropriate transportation to a medical facility to receive adequate medical care in the event of any injury or illness. I understand that I will be responsible for any expenses incurred in connection with such treatment.

Parent or Guardian's Signature: _____ Date: _____

NO CAMPER WILL BE ADMITTED TO CAMP WITHOUT INSURANCE COVERAGE

Insurance Company: _____

Group Number or Policy Number: _____

Policy Holder's Name: _____

AS A CONDITION OF ENROLLMENT, THE FOLLOWING DISCLAIMER OF LIABILITY MUST BE SIGNED AND DATED BY THE CAMPER'S PARENT/LEGAL GUARDIAN.

The camper, in attending the NDSU Softball Clinic and in using any camp facility, does so at her own risk. The University, its Athletic Department, and its staff shall not be liable for any damage arising from personal injury sustained by the camper during the camp or at the facilities. The camper and her parents or guardians assume full responsibility for any damages or injuries, which may occur to the camper during the camp session. In so, hereby fully and forever exonerate and discharge the University, the NDSU Softball Clinic, its staff, its owners, employees and agents, from any and all claims, demands, damages, right of action or causes of action, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of the camper's participation in the camp session and in the use of the facilities. I certify that to the best of my knowledge, I am in good physical condition and have no disease or injury that would impair my performance in training or competition. I hereby consent to the participation of my daughter, in the NDSU Softball Clinic. If she fails to obey the competition and camp rules, the Directors have authority to expel her from camp.

Camper Signature

Date

Parent/Guardian Signature

Date